UPSC CAPF Syllabus

Phase-I

Paper -1: General Ability and Intelligence

Paper -1 will be in the form of Multiple Choice Type Question (MCQ). These questions will be based on:

General Mental Ability

- Logical Reasoning
- Quantitative Aptitude
- Verbal Reasoning
- Numerical Ability
- Data Interpretation

CAPF Syllabus General Science

- General awareness,
- Scientific Temper,
- Comprehension & appreciation of scientific phenomena of everyday observation like Information Technology,
- Biotechnology,
- Environmental Science

Events of both National and International Importance

- Awareness of current events of national & international
- Importance in the broad areas of culture, music, arts, Literature, sports, governance, societal & developmental issues, industry, business, globalization, & interplay among nations.

Indian Politics and Governance

Knowledge of the Country’s political system & the Constitution of India, social systems & public administration, economic development in India, Regional & International security issues & human rights including its indicators.

Indian History

- Social Aspects
- Political Aspects
- Economic Aspects
- Freedom Movement
- Growth of Nationalism

Geography for both national and international

CAPF Syllabus contains questions of physical, social and economic aspects of Geography pertaining to India and the World.
**Paper-2: General Studies, Essay and Comprehension**

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<thead>
<tr>
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<th>Part-A:</th>
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<tbody>
<tr>
<td></td>
<td>This section contains the Essay Type Questions which are to be answered in long description form either In Hindi or English. Some topics are modern Indian history especially of the freedom struggle, geography, polity, and economy, Knowledge of security and human rights issues, and analytical ability.</td>
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<td>Part-B:</td>
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<td>This section consists of Comprehension, précis writing, other communications/language skills – to be attempted in English only. Some of the topics are Comprehension Passages, précis writing, developing counter arguments, simple grammar, and other aspects of language testing as per CAPF Syllabus.</td>
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**Phase II**

**Physical Fitness Test:**

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<thead>
<tr>
<th>Type of Test</th>
<th>Male</th>
<th>Female</th>
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<tbody>
<tr>
<td>100 meter race</td>
<td>In 16 seconds</td>
<td>In 18 seconds</td>
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<tr>
<td>800 meter race</td>
<td>In 3 minutes</td>
<td>In 4 minutes</td>
</tr>
<tr>
<td>Long Jump</td>
<td>3.5 meters (3 chances)</td>
<td>3 meters (3 chances)</td>
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<tr>
<td>High Jump</td>
<td>1.05 meters (3 chances)</td>
<td>0.9 meters (3 chances)</td>
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<tr>
<td>Shot Put (7.26 kgs)</td>
<td>4.5 meters</td>
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**Physical Standard:**

If any candidates have desired to apply for UPSC CPF examination must be physically fit. Candidates who satisfy the above mentioned eligibility criteria will only be able to participate in the examination. Candidates must cover all the topics of CAPF Syllabus while preparing for the Central Police Forces Examination.

Candidates can study with updated sample papers and newspaper to get the knowledge of current events. Candidates can also prepare with the Online Practice Quiz to check their skills to attend the exam.

**Phase III**

**Interview/Personality Test:**

Shortlisted candidates on the basis of their performance in the Physical Efficiency Tests will be called for Interview/Personality Test. The Interview/Personality Test will carry 150 Marks.