PART – A

1. 29th State of India is:
   A) Chattisgarh  B) Uttarakhand
   C) Jharkhand   D) Telangana

2. Who has won the Liberty Medal for 2014?
   A) Kofi Annan  B) Nelson Mandela
   C) Malala Yousafzai D) Colin Powel

3. The rhino’s horn is made of?
   A) Hair  B) Bone
   C) Muscle  D) Cartilage

4. The ratio of width of our National Flag to its length is
   A) 3:5  B) 2:3
   C) 2:4  D) 3:4

5. What is mainly extracted from pitchblends?
   A) Uranium  B) Plutonium
   C) Thorium   D) Aluminum

6. What is the staple food of one third of the world’s population?
   A) Wheat  B) Maize
   C) Rice    D) Tapioca

7. Citius Altius Fortius is the motto of which organisation?
   A) Olympics  B) Asian Games
   C) Wimbledon D) National Games

8. Which bird turns its head upside down to eat?
   A) Sea Gull  B) Flamingo
   C) Crane     D) Egret

9. What element is present in all organic compounds?
   A) Chromite  B) Carbon
   C) Barium    D) Bauxite

10. The country which hosted the first World Earth Summit on conservation of environment is
    A) USA  B) India
     C) UK   D) Brazil
PART – B

26. Asian Games were organized by India for the first time in
   A) 1981  B) 1952  C) 1953  D) 1954

27. National Fitness corps was introduced in
   A) 1965  B) 1966  C) 1967  D) 1968

28. Solid gold medals were last given in Olympics in
   A) 1904  B) 1908  C) 1912  D) 1920

29. Elbows joint is type of
   A) Ball and socket joint  B) Hinge joint
   C) Immovable joint  D) Saddle joint

30. During strenuous exercises, the major reason for onset of fatigue is
   A) O₂ debt  B) Depletion of O₂
   C) Lactic acid formation  D) Increase of CO₂ level

31. Movement of joint away from the medical line
   A) Adduction  B) Flexion
   C) Abduction  D) Extension

32. Metabolism consist of
   A) Decabrolism and heptabolism  B) Catabolism and anabolism
   C) Aatabolism and heetabolism  D) Anabolism and heptabolism

33. Full form of ECG is
   A) Electro Cardio Graphy  B) Efficient Cardio Graphy
   C) Electro Current Graphy  D) Electro Concouce Graphy

34. Kyphosis is deformity of
   A) Upper spine  B) Lower spine
   C) Shoulder griddle  D) Hip joint

35. Growth is
   A) Qualitative  B) Quantitative
   C) Quadritative  D) Questionative