B.Sc Recreation, Leisure and Sports Studies Degree C.B.C.S. Examination
Model Question Paper – First Semester

PE1CRT01 - METHODOLOGY OF RECREATION LEISURE & SPORTS SERVICES

Time: Three hours  Maximum : 80 Marks

PART A

Answer any Ten of the following. Each question carries 2 marks

1. Define play.
2. Define the term recreation.
3. Any four historical examples for recreation.
4. Write a note on health.
5. Idealism.
6. Olympic motto.
7. Define sports sociology.
8. Any four physical activities for late adulthood.
9. Which age is suitable to learn skill and coordination?
10. Note on commercial recreation.
11. Life of a Spartan women.
12. Role of sports in recreation.

2 x 10 = 20

PART B

Answer any Six of the following. Each question carries 5 marks.

14. Note on professional ethics.
15. Effect of aging on recreation and leisure
16. Sheldon’s classification of humans
17. What you mean by professionalism in sports
18. Note on the legendary origin of Olympics.
19. Scope of recreation and leisure in Indian conditions.
20. Specifications of the age adolescence.
21. Enumerate difference between sport and recreational activity.

5 x 6 = 30

PART C

Answer any Two of the following. Each question carries 15 marks.

22. Different geographical conditions and recreation administration?
23. Define Theories of play
24. Why recreation and leisure are important in human’s life?
25. How can you conduct a recreation day in your college?

15 x 2 = 30
B.Sc Recreation, Leisure and Sports Studies Degree C.B.C.S. Examination
Model Question Paper – First Semester
PEICRT02: BASIC HUMAN ANATOMY

Time: Three hours
Maximum: 80 Marks

PART A

Answer any Ten of the following. Each question carries 2 marks

1. Define Anatomy.
2. Define Cell.
3. What is Thoracic cage?
4. Define Tendon.
5. Define ligament.
7. Elaborate Femur.
8. Explain Sternum.
9. Define blood cells.
10. Explain lymphatic system.
11. Define arteries.
12. What are the sensory organs of body?

2 x 10 = 20

PART B

Answer any Six of the following. Each question carries 5 marks.

13. Explain structure & function of eyes.
15. List down the types of muscle? Explain the cardiac muscle.
16. Explain Knee joint.
17. Effect of Exercise on bone?
18. Different types of bone.
19. Explain skeletal muscle.
21. Characteristics of typical vertebrae?

5 x 6 = 30

PART C

Answer any Two of the following. Each question carries 15 marks.

22. Describe the structure & function of cell with help of diagram.
23. Enumerate any five muscles of hip and lower joint.
24. Explain Contraction of muscle.
25. Explain the functions of skin with help of diagram.

15 x 2 = 30
B.Sc Recreation, Leisure and Sports Studies Degree C.B.C.S. Examination
Model Question Paper – First Semester

PE1CMT01: MANAGEMENT CONCEPTS IN RECREATION & SPORTS

Time: Three hours  Maximum: 80 Marks

PART A

Answer any Ten questions. Each question carries two marks

1. Define management.
2. What is corporate social responsibility?
3. Defining planning.
4. What is span of management?
5. What is authority?
6. What is centralisation?
7. What is staffing?
8. Define motivation.
9. What is trait theory?
10. What is hospitality?
11. What is democratic leadership?
12. What is organizing?

(2x10=20 marks)

PART B

Answer any Six questions. Each question carries five marks

13. Explain the principles of scientific management.
14. Explain the social responsibilities of business.
15. Explain the concept of span of management.
16. Distinguish between centralisation and decentralisation.
17. What is trait theory of leadership?
18. Explain need theories of motivation.
19. Explain the characteristics of hospitality industry.
20. Write a note on “hotels industry in India”.
21. What is democratic leadership and explain its features?

(5x6=30 marks)

PART C

Answer any Two questions. Each question carries 15 marks

22. Explain Henry Fayol’s 14 principles of management.
23. What is organising? Explain the different types of organisation.
24. What is motivation? Explain the theories of motivation.
25. What is leadership? Explain the different types of leadership.

(15x2=30 marks)